# D.A.S.H. HIGH SCHOOL TRACK & FIELD RECORDS

| | BOYS RECORDS | | | GIRLS RECORDS | | |
|---|---|---|---|---|---|---|
| FIELD EVENTS | TIME/ DIST. | NAME | YEAR | TIME/ DIST. | NAME | YEAR |
| Discus | | | | | | |
| High Jump | | | | | | |
| Long Jump | 17-7.5 | RICKY TOELLER | 2008 | 12-11.75 | BRITTA HEISS | 2008 |
| Pole Vault | | | | | | |
| Shot Put | 31-2.25 | ROSS TOELLER | 2008 | | | |
| Triple Jump | | | | 26-4.5 | BRITTA HEISS | 2008 |
| | | | | | | |
| TRACK EVENTS | | | | | | |
| 3200 Meter Relay | | | | | | |
| 100 Meter High Hurdles (Girls) | | | | | | |
| 110 Meter High Hurdles (Boys) | | | | | | |
| 100 Meter Dash | 12.43 | ROSS TOELLER | 2008 | | | |
| 1600 Meter Run | | | | | | |
| 800 Meter Relay | | | | | | |
| 400 Meter Dash | 56.9 | ROSS TOELLER | 2008 | | | |
| 400 Meter Relay | | | | | | |
| 300 Meter Low Hurdles (Girls) | | | | | | |
| 300 Meter Intermediate Hurdles (Boys) | 48.6 | RICKY TOELLER | 2008 | | | |
| 800 Meter Run | | | | | | |
| 200 Meter Dash | 26.81 | ROSS TOELLER | 2008 | | | |
| 3200 Meter Run | | | | | | |
| 1600 Meter Relay | 4:07 | KJ, DH, RT, RT | 2008 | | | |